

## Future plans to develop our Secure Forensic Mental Health and Learning Disabilities Services

Southern Health is planning to transform its Secure Forensic Mental Health and Learning Disabilities Services.

These plans aim to increase the availability of Secure Forensic Mental Health and Learning Disability Services enabling more patients to receive care closer to home. They will also significantly reduce the national shortage of beds for young people with severe mental health problems. We hope that our new developments will help to create a centre of excellence by attracting highly skilled, sustainable mental health workforce and modernising our facilities.

### Our current Forensic Services

Southern Health currently provides a range of Secure Forensic Mental Health Services for adults and young people across Hampshire. These include:

- Ravenswood House, Adult Forensic Medium Secure Hospital, 78 beds, male only, based in Fareham
- Southfield, Adult Forensic Low Secure Hospital, 28 beds, male and female, based on the Tatchbury Mount site in Totton
- Ashford Ward at Woodhaven an Adult Forensic Low Secure Hospital for people with learning disabilities, 10 beds, male only, based on the Tatchbury Mount site in Totton
- Bluebird House, Adolescent Forensic Medium Secure Hospital, 20 beds, male and female, based on the Tatchbury Mount site in Totton

## Our plans

### Woodhaven

Woodhaven (currently a Low Secure Hospital for adults with a learning disability) will be redesigned to become an Adolescent Low Secure Hospital. This will provide up to 14 beds primarily for young people from the south of the country. The interim low secure ward currently located in Bluebird House will transfer over to the new low secure hospital when it is ready.

This will help to meet the national shortage of beds for young people with special mental health needs and will mean that patients living in the south of the country will be able to be treated closer to home preventing them having to travel long distances to receive the care they need.

If plans are agreed, we would like to start building work to Woodhaven in October 2018. The outside of the building will not change but the interior will be redesigned to ensure it meets the needs of the patients.

To allow us to redesign the Woodhaven site, we plan to temporarily move the patients based in Ashford Ward at Woodhaven, to Ashurst Ward at Ravenswood House, our Medium Secure Forensic Hospital based in Fareham, in October 2018. Patients, family and carers and staff have all been informed of our proposed plans.

## OUR VALUES



### New Low Secure Forensic Residential Unit for patients with a learning disability

To accommodate the patients currently being supported at Woodhaven we plan to build a brand new bespoke 10 bedded Low Secure Forensic Residential Unit on the main Tatchbury Mount site adjacent to Woodhaven. To make use of current resources this replaces Rufus Lodge, currently an unused clinical building onsite.

The new building will be tailored around the needs of our patients with all the up to date facilities needed to enable us to continue providing the best care to our patients. Our patients, families and carers and our staff will have an opportunity to influence the interior design of the residential building.

**Subject to approval and planning permission we would like to start building work in September 2018 with a completion date of October 2019.**

### Why are things changing?

There are a number of reasons behind our plans to change our services.

The Adult forensic Pathway needs to be reconfigured so that we can reduce the length of stay of patients in hospital in order to support them in the community, where they can be treated in the least restrictive manner which will promote recovery and rehabilitation.

We currently have more people in medium secure settings due to a relative under provision of low secure beds. We will provide more low secure services for adults, and more services for female patients will require care in low secure settings with the aim of promoting the recovery and rehabilitation.

Due to the imbalance between low and medium secure beds, patients from our catchment area have to go out of area to access care, which makes maintaining contact with families and rehabilitation more difficult.

In our Adolescent Forensic Services, whilst we provide a medium secure service, we have no low secure service. Nationally there is inadequate provision of low secure services for young people, resulting in young people from the south of the country having to sometimes travel hundreds of miles away from their homes and families to receive treatment.

### What's next?

#### We want your views – open evening

Your views are so important and we want to keep you involved and fully up to date with our plans and the development of our services.

We would like to invite you to an open evening on **Wednesday 9 May 2018** in Training Room 1, Learning and Development building, Tatchbury Mount, Calmore, SO40 2RZ, 5.30pm-7.30pm, to meet our Clinical and Project Management Team Staff and find out more about our plans to develop our Forensic Low Secure Services, have an opportunity to see what we propose the buildings will look like, share your views and ask any questions you may have.



Trust Headquarters, Sterne 7, Sterne Road, Tatchbury Mount, Calmore, Southampton SO40 2RZ

## Where to find more information

From Monday 30 April we will keep you regularly updated via a dedicated webpage on our Trust website [www.southernhealth.nhs.uk](http://www.southernhealth.nhs.uk) and Facebook group.

If you are unable to make the open evening and would like to discuss our plans or if you have any questions please feel free to contact us via e-mail at [communications@southernhealth.nhs.uk](mailto:communications@southernhealth.nhs.uk) or via telephone on **023 80 874656**.

## Timelines of dates

Full updates to be communicated via dedicate webpage on our Trust website and a dedicated Facebook page.

Time	Action
Monday 30 April 2018	Webpage with detail of plans by Monday 30 April 2018
Wednesday 9 May 2018	Open Evening
May 2018	Hoardings will go up around Rufus Lodge
October 2018	Patients from Woodhaven to move to Ravenswood
October 2018	Building work to begin on Rufus Lodge to become a bespoke new Low Secure Forensic Residential Unit for people with a learning disability
November 2018	Redesign of Woodhaven to become a Low Secure Forensic Hospital for young people with specialist mental health needs
October 2019	Opening of Low Secure Residential Unit for people with a learning disability
October 2019	Opening of Woodhaven – Low Secure Forensic Hospital for young people with specialist mental health needs

## OUR VALUES



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